



GRAY HAVEN
HEALTH & WELLNESS



Gray Haven's mission is to provide comprehensive reentry support for those with mental health challenges, transitioning from incarceration to independent living



A new nonprofit Reentry Program serving the Napa County:

Gray Haven supports adults with mental health challenges and a history of incarceration to safely integrate into the community.

PROGRAMS & SERVICES

- **The Residence at Gray Haven - 6 Beds**
Adult residential facility licensed by Community Care Licensing - Core Program
- **The Bungalows - Transitional - 16 Beds**
Shared 2-Bedroom residence with supported independent living.
- **Social and Recreational Activities**
Onsite facilities include a pool and multipurpose room for enjoyable educational classes such as yoga, music, 12-step, financial literacy, life skills, art therapy, and more.
- **Enrollment is voluntary but full participation is required.** A typical day includes meals, medication, reentry classes, meetings, outdoor activity, ADL tasks, art/music activity, evidence-based individual and group therapy, games, and television or movies. These activities provide consistent and supported opportunities to learn and practice mental health symptom management and improve social skills in a safe, home-like environment.
- **Eligibility**
Adults 18-59 transitioning from incarceration on parole or probation who are motivated to improve their quality of life, manage their clinical mental health needs, and emerge as contributing members of our community.

We provide a supervised and supportive setting, onsite behavioral health services and integrated health and wellness programming within a warm and welcoming environment. Treatment plans are tailored to each individual and designed to promote recovery, resilience and independence. Residents learn how to manage their mental health symptoms, and to live independently, enabling them to meet their personal goals of education, employment, permanent housing, and healthy relationships.





GUIDING PRINCIPLES

Safety

We prioritize personal and public safety from the time of referral through to graduation and after care. Highly trained and experienced staff monitor and support earned independence through ongoing assessment of consistent and sustained medication compliance, prosocial behavior and the meeting of personal treatment plan milestones.

Personalized Care

We celebrate the diversity of our staff and residents and customize treatment by integrating personal backgrounds, values, cultural frameworks and wellness goals with evidence-based practices.

Empowerment and Connectedness

We treat residents with respect, compassion, and honor their challenges as equals. Treating everyone with kindness and respect can help awaken the inner dignity and pride our residents may have lost along the way. As their trust and self-confidence increases, so too will the number and quality of their relationships. This internal scaffolding and external encouragement will provide hope, pride and a determination to succeed.

Phased Launch

Gray Haven will open in early Summer of 2021. The Adult Residential facility will provide supportive housing and clinical services to all incoming residents. Starting capacity in Phase I is up to 6 individuals increasing up to 30 in Phase II.

PHASE I (LATE SPRING 2021 - SUMMER 2021)

- 6 - Residents in Board & Care Facility.

PHASE II (SPRING 2022 -SUMMER 2023)

- 8 - Reentry in Board and Care Facility
- 18- 20 - Supported Independent living in the Bungalows.



FAQs

What is Gray Haven Napa?

Gray Haven is NOT an outpatient facility, a crisis center, a drug/alcohol treatment center, a halfway house, or a detention facility. It is a residential program for Napa residents who are motivated to improve their quality of life, manage their mental health needs, and emerge as contributing members of our community.

Gray Haven operates 24-hours a day, year round. The program opens with 19 full time staff, plus 2.5 kitchen staff, a handyman and 3 administrative personnel, as well as a Board of Directors.

Why is this program needed in Napa? Why is it in this particular neighborhood?

It's estimated that 5.2% of adults in California reported an unmet need for mental health treatment each year — about 1.6 million people. Napa, like so many communities in California, still grapples with unmet needs for local residents with mental health issues who are leaving the justice system.

The Gray Haven property has been substantially renovated into a modern residential facility to enable us to treat all residents with dignity and respect.

Who will be admitted to Gray Haven?

Adults 18-59 transitioning from incarceration, on parole or probation who are motivated to improve their quality of life, manage their clinical mental health needs, and emerge as contributing members of the community.

Residential care only. No out-patient (i.e., day) programs.

All residents must be, and remain, clean and sober. They will each be randomly tested for drugs and alcohol, and routinely tested on admission or if there is suspected use..

Gray Haven does not accept individuals who have committed sexual offenses, arson, or crimes against or involving a minor. We also

do not accept individuals who pose a risk of danger to themselves or others or who have a significant history of violence. They must also show a written history of medication compliance.

Is the facility secure and safe? Is there a risk to schools or the surrounding community?

It's vitally important that the facility is secure for the protection of residents and neighbors alike. We have invested heavily in security and surveillance systems and will remain in close contact with the Napa Police Department, neighbors, and other stakeholders as we design and operate the program. We aspire to have our neighbors feel safe and to welcome Gray Haven as a caring part of the Napa community.

Is it a locked facility? Can residents come and go as they please?

Gray Haven Napa is not a locked facility, but is a secure facility designed for the protection of its residents and neighbors alike. It is not a detention facility. Residents are admitted voluntarily, under terms and conditions defined by the court, their probation officer and Gray Haven admissions standards.

Each individual's ability to access the community will be determined by medical and psychiatric staff, and their progress will be closely monitored. New residents can only leave the premises with a staff member for the first 30-days. The next phase is leaving with another responsible resident and their time out is closely monitored. No resident may leave the facility without someone accompanying them for the first 60 days, and thereafter only if staff knows where they are going and when they will return. No groups of more than three residents will congregate at the nearby parks. The ultimate goal, of course, is that they will learn to work and live independently without supervision.

Residents risk expulsion from the program if they violate program rules.



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How can I support this program?

Gray Haven is grateful for donations of gently worn clothing and shoes, coats, professional clothing for job interviews; art supplies, garden tools, reading material, bikes, hobby supplies, outdoor furniture, recreational equipment.

Gray Haven is a 501(c)(3) organization, and appreciates all generous, large and small charitable contributions. EIN - 852328066

We adopt local criminal justice, behavioral health and social service agency service protocols.

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